

ESSENDON LITTLE ATHLETICS CENTRE

2009 State Cross Country Championships Information

The VLAA State Cross Country Championships will be held at Bundoora Park on Sunday 26th July 2009 starting at 11:00am.

These Championships are open to all VLAA registered athletes.

Events conducted are:

Boys & Girls Under 7 - 8	1000m Invitation events
Boys & Girls Under 9 - 10	1500m
Boys & Girls Under 11 - 12	2000m
Boys & Girls Under 13 - 15	3000m

Entry fees: Under 9 - 15	\$5.00 per athlete
Under 7 - 8	\$2.00 per athlete

Entries can be submitted to the recording table via this form or directly onto VLAA's website www.vlaa.com.au All fees are to be paid at the recording table .

If you enter using the VLAA online entry, please notify the centre via email essendon@vlaa.asn.au so that numbers can be collated for Team entries.

Closing date: Using this form: Saturday 20th June.
Using VLAA online entry system: Friday 26th June.
LATE ENTRIES WILL NOT BE ACCEPTED.

Surname	Given Name	Age Group	Date of Birth

Guardian's name: _____

Guardian's mobile number: _____

All of this information is required to be submitted to VLAA via their online entry form.

Susie Strasser Essendon CC Team Manager